

September 1994

Ninth Tradition

By: B. L. | Manhattan, New York

Tradition 9 - AA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

Two flaked-out fellows were shown in a popular William Steig cartoon a few years ago. The caption was something like "One of these days we've got to get organized around here."

I remember expressing the same sentiment while drinking. I not only said it, I did it. To me, getting organized meant getting things arranged in a highly systematic manner, in preparation for getting them done. (You don't necessarily pay your bills, but you do make a neat list of creditors.) During self-enforced droughts, I would zealously overorganize everything in sight in round-the-clock spurts--only to blow it all later in a flood of ethanol.

And so I welcomed the idea of an "organization" --which I supposed AA was --for getting something done about the trouble I was having with my drinking.

I approached AA in Manhattan twenty-six years ago in total darkness as to how it did things. (How often is it approached any other way?) I guess I expected to find a written constitution, bylaws, dues, and paid sergeants of some kind trained to discipline the backsliders. After all, there was a telephone listing, and I had been invited to come to an office. That sounded pretty organized to me.

But the first members I met unwittingly sowed confusion by using familiar terms in an unfamiliar context. Such words as "member," "join," "meeting," "officer," and "committee" do not mean the same in AA as outside it, but how was I to know that?

My confusion grew as I heard and saw AA people behaving differently from each other, saying wildly disparate things, sometimes contradicting each other. Some even drank!

I asked about the president of AA, and they said there wasn't any;

yet they had a chairman, a secretary, and elections. There was no ritual for joining, they said; yet the secretary usually announced, "If you want to join this group, see me after the meeting."

They said there were no musts, but that to do certain jobs one must have been sober at least three months. They insisted they were alcoholics, not ex-alcoholics; yet most never touched a drop.

Obviously, I was seeing only the lowest-grade members of this outfit, I became pretty sure. I kept nosing around to find the generals, so I could get the real score. I never found any top brass.

But despite the vast ignorance of the noncom troops, AA got things done. The telephone got answered; meetings were held, with pre-arranged programs; coffee got served; a book and pamphlets were distributed. So AA must be systematized in some way, I had to conclude. But how? Was there a secret hierarchy of authorities who enforced the statutes by making members do things?

Such were the expectations--shaped, of course, by the experiences of my non-AA lifetime--with which I arrived at the door of the Fellowship. With growing delight, and often chagrin, I have learned how mistaken I was.

Now I am convinced that one sure way to destroy AA would be for us to set up a rigid organization patterned after the non-AA societies we all know. Yet we cannot be a laissez-faire body, willing always to "let George do it". Instead, each of us is expected, it seems to me, to assume enough personal responsibility on his own for the Fellowship to get its major function (Tradition Five) accomplished.

What giant problems our first members faced! They had to find ways to get things done without slipping into either the bedlam of unlimited autonomy or the trap of overorganizing and underaccomplishing. The dilemma could easily have overwhelmed them, in my opinion. Organizing can itself be addictive, my personal experience indicated. It's easy to get so fascinated with the process of organizing that I can lose all sight of what I am organizing for. I marvel that any of the first ten years' members stayed sober at all.

(Ninth: Continued on page 2)

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Tradition Nine describes the masterful solution worked out during the first ten years of AA experience. Since so many alcoholics rebel against authority in human form, we just dispense with it altogether. The first seven words of Tradition Nine say that we have no bosses--echoing Tradition Two.

But the last fourteen words describe the system and orderliness necessary for our outfit to get things done.

My personal AA life illustrates both the problem and its solution. Like a tantrum-throwing four-year-old, I figuratively stamped my foot and refused to pay attention to the Twelve Steps. I mistakenly believed them to be rules for staying sober, instead of a simple description of how our first members actually did recover. After enough slips, however, I saw that in AA I had the freedom to try out, on my own, the Steps suggested as a program of recovery. But I had to make myself do them, because no one in AA could force me to.

I tried to be bossy in AA, and I got drunk. I learned to empty ashtrays for the group, and I began staying sober.

A few years back, we floundering fathers of a certain Greenwich Village group found ourselves about to be replaced. To make life easier for our successors than it had been for us, we wrote out what each steering-committee member (trusted servant) had done, exactly how, when, and where. (This was before the General Service Office published its excellent pamphlet "The AA Group.") We bound these information sheets in a notebook for our new secretary-treasurer.

About three months later, we learned that the group was behind in "gifts" to our landlord (a church) and had not paid its intergroup pledges nor several GSO bills for literature.

Swift to find a scapegoat, we turned on Ernie, the new secretary-treasurer, and demanded, "Why didn't you pay those things?"

Indignantly, he told us, "Because I didn't know I was supposed to, and I don't know where to pay them, anyhow."

In my most tolerant bleeding-deacon voice, I said, "But Ernie, exactly what is to be paid, and when, and to whom, is all spelled out for you in that book."

"What book?" he asked.

"That black notebook we gave you."

"Oh, that!" Ernie replied with disgust. "I've never opened it," he announced proudly. "Nobody in AA is going to tell *me* what to do!"

Several chronic beginners tipsily applauded.

That nutty contretemps puts the AA organization problem into a beautiful nutshell, it seems to me. How, on the one hand, do we avoid offending each other with government--which inevitably means giving some members authority over others--and still, on the other hand, escape chaos? As the late Bernard Smith so eloquently put it at our 1970 International Convention in Miami Beach, the answer is in the way our Ninth Tradition insures AA against anarchy while at the same time insulating us against any form of AA government. Ernie, working with the other new officers of the group, later came upon that answer himself.

My fellow group founders and I had had our feelings hurt when somebody had first suggested there might be a better arrangement than our paternalistic one, and the new officers took over. We finally realized, though, that the AA custom of rotation in office can he a healing experience for those who can take it and understand the spirit behind it. Rotation is not spelled out in any Step or Tradition. (Neither are many other good AA ideas, such as the twentyfour-hour plan, going to meetings, significance of the first drink, etc.) But it mercifully helps solve the seniority problem we older members can inflict on newer ones, and I think it is within the spirit of Traditions Two and Nine, if not in their wording.

The genius embodied in the Tradition Nine phrase "responsible to those they serve" escaped my detection for a long time, because it sounded too noble and elegant to be more than a truism. When I worked on some AA committees, however, it came to life for me, and I now consider it an astonishing and challenging notion.

What if those of us who professionally serve others outside of AA-whether we are doctors, taxi drivers, professors, or secretaries-had to report, not simply to some boss or professional association with punishment powers, but instead to our clients? In effect, that is the case with AA officers and committees, isn't it?

Once, an AA committee I belonged to heard of a member who was representing himself as an AA official and collecting money thereby. We instantly launched into a discussion of what to do to him. Think about that...

It took us an hour or so to realize that we had only the right to pray for him, not the authority to punish him. It was an exciting realization, and I continue to stand in awe of this principle: no matter how much you or I may misbehave, no matter how bad a member one of us may be, there is no one in AA with formal authority to fine us, censure us, or kick us out of the Fellowship. That seems to me a clear implication of both Traditions Nine and Three.

I've learned, too, that I can misuse this Tradition, as I have several others, to excuse my own failings. When I foul up, I can shrug my shoulders and say, "After all, we're not supposed to be well organized." But that's just a cop-out, I fear; Number Nine does not say we ought to be inefficient, lazy, dishonest, or irresponsible. Of course, the lack of authority in Alcoholics Anonymous can exasperate high-pressure types. I think of one of our most popular AA pamphlets, "What Happened to Joe?" The actual writing and production of it took less than four months. But before that, discussions of it had lasted fourteen years! Interminably, committees worried about whether to do it at all, then about how to do it, what it should say and not say, and on and on.

The process would have been much more efficient if some boss had made the decisions and given the orders. But that is not the AA way. In order to be responsible to those they serve, AA servants work carefully, coolly, prayerfully. An AA pamphlet should be based on such preparation, it seems to me, if it is to represent responsibly the entire Fellowship, as all those published by AA World Services, Inc., do.

If Alcoholics Anonymous were organized the way other outfits are, we could move faster, but would the result be more beneficial to all of us, both present members and those yet to come? For our simple stated purpose, our exasperatingly patient committees and

(Tradition: Continued on page 3)

boards are ideal, in my opinion. If we took on additional functions-such as managing buildings, providing shelter or medical services, running cafés--an entirely different kind of organizational system would, of course, be needed.

If we tried to organize in the conventional, orthodox ways, we could well become totally disorganized. If we had to thresh out complete agreement on such issues as rules and authority and power and money, we'd split apart. Instead, we let each man hold his own ideas, discipline himself, and march to his own drumbeat. And in our joint determination to do this, we stay truly united after all.

It has been said that, if we want personal recovery, we owe this to AA's future: "to place our common welfare first; to keep our Fellowship united. For on AA unity depend our lives and the lives of those to come."

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September 1964

The Girl Who Couldn't Say No

By: V. B. | Virginia

Or, how to get back your right to disagree

TODAY a strange thing happened! I disagreed with my boss! The original 'yes' girl actually told him didn't like a theory he was expounding!

Now to noisy alcoholics who held forth in bars at great length on every subject, this may not sound like much of an accomplishment. For me--who had always rivaled Patrick Henry Clay as the Great Compromiser--this was a unique experience. Certainly it took enough time--I'm on my sixth year of sobriety--but I finally found the nerve to defend my own opinion.

I was born, reared and did most of my drinking in the nation's capital. And a large part of my daily (and evening) life centered around trade associations and other political groups. So there was ample opportunity (and demand) for compromise. And when I drank, I couldn't say no. Not to the first drink, nor to ensuing entangling alliances, unsought responsibilities, arguments or daydreams. I wanted to fit in wherever I was, wanted no one to dislike me because I disagreed with them, did not dare to refuse obnoxious chores or assignments even if it meant real hardship, and always allowed myself monumental daydreams about the extent of my ambitions or capabilities.

I don't remember having such a chameleon-like character as a child but I certainly developed one as a drinking alcoholic.

My entire time was spent agreeing with people. If I was being entertained by a gentleman, and he began to praise the platform of the Dyno-Progressive Party, I supported his views enthusiastically!

If my partner for the next round of drinks was a Federalist, I told him he was brilliant and the next world leader!

At a party when someone began telling filthy stories, I listened and I laughed.

When someone began to poke fun at a minority group, I cheered them on.

I just couldn't say no.

I couldn't say, "I think, Mr. X, that you are bigoted and pompous." I couldn't say, "Please, I hate filth and I hate prejudice and, most of all, I hate myself because I don't have the courage to offend--even offensive people."

My problem with 'no-power' did not end when I achieved sobriety in AA. Group politics, for example, always made me a nervous wreck. I never wanted anyone to argue--or go off and form a splinter group. Being an idealist, I wanted everyone to live and let live; to be at perfect peace with their fellow members and to carry on our sole purpose of helping sick alcoholics with naught but noble thought.

Now I realize that my fellowship is composed of human beings and not gods. Honest discussion is good and the formation of new groups, of course, is essential.

To continue with my 'no-power' difficulties in AA, an anniversary party that my husband and I gave some years ago was ruined when it was invaded by a band of storytellers. These were, individually, wonderful AAs, but perhaps they had a lapse that evening for they completely monopolized the discussion with a 'Can-you-top-this?' record for off-color jokes. And I sat meekly by--submitting and letting my other AA guests melt away until only the jokesters remained. Today that would not happen! I could easily tell my loveable friends to change the subject--or shut up.

At one time, too, I was obsessed with never refusing a job in AA or a speaking date. I made myself sick of my own voice at meetings telling the story of my recovery. (And I'll bet the nausea was not mine alone.) After several years of absolute dedication to AA--and nothing else--I began to refuse occasionally. I felt sincerely that, for me, the danger of boredom and fatigue from too much AA talking was very real.

So I have sometimes said no.

And I have found a gradual return to an interest in business and some hobbies. AA, naturally, is the keystone of my life. It, and AA members, are the core of my existence. From the AA program, my other activities radiate as the spokes from the hub of a wheel.

I can cite examples, however, of those who have been sober about the same length of time as I. They are overwhelmingly active in their groups and, upon request, have been known to speak before the same group three times in one month. (This is an area of many groups and many speakers.) They have marvelous messages, are excellent speakers and dominate the room with their vitality. But through repetition and familiarity, their stories have, I think, lost effectiveness. Those who used to hang on their every word now groan when they approach the rostrum. (And there *are* many nights when no newcomers are around.)

These people have told me the reason they speak so much is because *they* can't say *no!*

I'm sure there are those who will side against me in this issue. I hope, though, that even the dissenters will rejoice in my newfound ability to state my opinion.

(Say No: Continued on page 4)

And if they don't, here's another benefit I've received from sobriety. So long as I am sober and my life is manageable; so long as I have that *clean*, *honest* feeling of self-respect within my heart; so long as the pendulum does not swing too wide and have me become self-righteous, then I shall revel in my new role as an individual.

As for the daydreams and the delusions of grandeur, I still have them. They're becoming less frequent and far less important. When you love, and are surrounded by love, and when you live in an old Victorian farmhouse with an AA husband and around are lots of birds and squirrels and dogs and cats and kittens and chickens--well, you just don't feel the necessity for leaving it all behind to daydream about becoming the first woman on the moon--or something equally ridiculous.

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September 1974

Just One and You're Hooked

By: R. Z. | San Diego, California

How Professor Winkley hit skid row

THE VOICE on the phone was so weak and tremulous, I barely recognized it. "I need help," it said. Yes, it was Professor Winkley, my old friend from the Winkley Institute for Alcohol Studies. "I've been at it for six months now, and I can't stop," he said desperately.

I recognized the cry of one drunk to another. How ironic that a renowned authority on alcoholism should finally become a victim of the very disease he had spent a lifetime studying.

"Hang on, Professor," I said. He gave me a room number in a skid -row hotel where I had made many a Twelfth Step call, and I told him I'd be right over. When I got there, the scene was familiar: a stuffy, disordered room; a pale, shaking figure sitting on the edge of an unmade bed.

"Don't worry. We'll get you back on your feet," I said. "When did you have your last drink?"

"Drink?" he said. "You know I never touch the stuff. It's worse than that."

"Wait a minute," I replied. "I'm an alcoholic. Maybe you called the wrong person."

"Well, it's sort of an alcoholic problem. Wait till I pull myself together, and I'll tell you about it." Professor Winkley reached under his bed and pulled out a wad of papers. Then I noticed that there were papers all over the place--under his pillow, spilling out of the wastebasket, jammed into bureau drawers. The professor found a ballpoint pen in all the mess and started scribbling frantically. He was filling out some kind of form. Finally I saw him sign his name, and he threw down the pen.

"There, I feel better," he sighed. "I'm hooked--that's all!"

"You'd better start at the beginning," I said, mentally running down a list of psychiatrists. This looked like one of the problems AA couldn't handle.

"Well," the professor began, "the Winkley Institute always got along fine financially on endowments and donations and registration fees, until one day some fellow tipped me off to something we were missing out on--government grants. He had me fill out a form, and suddenly we had this new department at the institute, with twelve alcoholic counselors all being paid by the government."

I nodded. "That's not surprising. The government's finally getting interested in alcoholism. It's a big public-health problem."

The professor went on. "Then I heard of another agency giving grants. I filled out some more forms, and we got a new research department. Then there was an educational grant, and a rehabilitation grant, and a diagnostic grant. Pretty soon, I wasn't doing anything but filling out forms. Finally, I had to apply for grants to hire people to keep track of the grants we already had.

"I could see I was losing control, but I couldn't stop. We needed more grants just to keep going. Then one morning I walked into my office and found a stranger sitting at my desk. It was awful!"

The professor bit his lip. He was almost in tears. "It turned out that one night when I was working late--I'd filled out seventeen grant applications without a break and didn't know what I was doing--I accidentally applied for a grant to hire a new president of the Winkley Institute. I'd lost my own job--everything!"

That was when he moved into the hotel, he said. He was doing nothing now but applying for grants, around the clock, hoping that some agency somewhere might provide grants to unemployed ex-directors of institutes.

"It'll never work, Professor," I said. "You've got to get off grants altogether. Remember, it was the first one that got you started."

"I know," he sobbed, "but it's hard."

It was obvious our Twelve Steps weren't tailored for Professor Winkley's problem, but I could at least offer him some help from our Twelve Traditions.

"Look, Professor, the old-timers in AA figured out that money and property can get in the way when one drunk is trying to help another stay sober. They gave us the tradition that we do not accept outside contributions or operate institutions. We support our own groups and central headquarters in New York, and that's all we have to worry about."

"That would solve a lot of problems," the professor said guietly.

"No, it keeps problems from developing--problems like yours." I handed him his shirt. "Let's go out and get a cup of coffee. I'll buy --but let's make a deal. This'll be the last grant you'll take for a while, huh?"

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We Are Not Doctors

By: Anonymous | New York

IT NEEDS to be said again and again: We are not doctors! When I crawled into the rooms of Alcoholics Anonymous and surrendered to the First Step, I thought I was like everyone else--a "gardenvariety drunk." For the first year, it seemed that way. But during my second year, I began to think, feel, and behave differently. My behavior became bizarre at times. I had no idea what was happening to me. I had alternating periods of feeling high and feeling low. I looked shaky and sometimes was perceived as being drunk by other AAs.

Throughout my second and third years, I hoped desperately that "it" would go away. Working was impossible; I lived on welfare and whatever support my mother could manage to give. I continued to go to meetings but grew progressively more isolated from AA people. My highs became less frequent, and my depressions grew more intense and lasted longer. I became suicidal. In the last months of this nightmare in sobriety, I never left the house, except at night when I could walk to a midnight meeting. I was ashamed of my appearance and of being "sober" this way.

Through an AA friend, I was finally able to get help and the correct diagnosis--manic depressive. My psychiatrist, who works mostly with alcoholics who are also manic depressives, put me on lithium and told me it would take several years for the ravages of my illness to be healed. There was no assurance that I would be cured-only that I would be able to achieve some emotional balance as my biochemical imbalance was moderated through the help of lithium.

That was over six years ago. I grew stronger and today am no longer the victim of bizarre mood swings. I am certain that had I not been guided to the help I needed, I would surely be dead--just as I surely would have died from alcoholism had I not been guided to AA. Today, I am a responsible, active AA member with many wonderful AA friends.

I returned to work when I became able to handle the stress, and I am more successful than ever. My commitment to the Higher Power and AA grows stronger every day; I experience some measure of serenity and joy in living the AA way of life.

None of this would have been possible had I listened to the advice of those AAs who condemn the use of medication of any kind by AA members--whether it be heart medication, insulin, aspirin, or medication prescribed for disorders such as manic depression or schizophrenia. Recently, an AA told me that her sponsor had insisted she stop taking her heart medication. And I listened in frustration and despair as another AA, sober many years, told a newcomer just out of detox that he must stop taking Antabuse. I thank God that, as sick as I was, I knew better than to listen to these "AA doctors." My sponsor and other old-timers have given me the support necessary to get outside help and to take the

medication I need to stay alive.

I know many AAs who must take medication because they are afflicted with illnesses that have nothing to do with alcoholism. Most of them have learned to keep quiet about it in meetings, because they don't wish (or are not strong enough) to confront the ignorance, misunderstanding, and sometimes fanaticism that well-meaning but misguided AAs dish out. During the last five years, I have had the privilege of being able to help other manic depressives in AA to get the help they need and to stop feeling guilty for having an illness that must be treated with medication.

It's nonsense, this "AA doctor" business! And I question the sanity of anyone who thinks it is somehow noble to die rather than take medication of any kind.

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September 1994

Principles Before Personalities

By: Sue F. | Goffstown, New Hampshire

I have just decided to accept the nomination for general service representative of my group. I've been a GSR before but had to give it up. Keeping commitments is important to my sobriety and I've always felt bad about being unable to keep that one. For this reason, I knew I wanted to someday serve as GSR again.

However, lately I've had a problem placing principles before personalities. I've been very critical of certain fellow AAs serving at the district level, vowing not to get active at the district level while they were there. Whether or not my criticism is justified, the truth of the matter is that the district has been getting along just fine without me. But I could be getting along a lot better if I'd just get active.

I've been sitting around wanting to participate in service, but only on my own terms and conditions. I've really had to do a personal inventory on how well I am helping our primary purpose. After all, this is a program of action, and if I'm not part of the solution then I'm part of the problem.

There will always be people in the Fellowship with whom I don't see eye-to-eye, but that doesn't mean we can't work together. The Fellowship wouldn't be what it is today if we always saw eye-to-eye on everything.

My attitude about all this began to change recently after telling a fellow AA, whom I respect immensely, about my dilemma. All she said to me was, "Do it. It'll be good for your sobriety," How simple and how true!

So if my group does elect me GSR, I'll go to the district meeting and humbly sit next to, and work together with, the very people I've been criticizing, because my sobriety and our Fellowship is based on placing principles before personalities.

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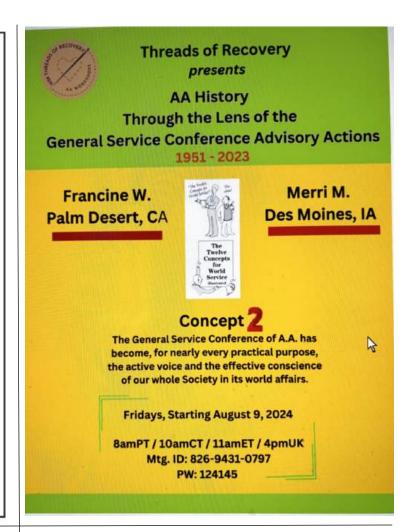


Tuesday nights at 7:00 **
Holy Trinity Lutheran Church
11709 W. Cleveland Ave., Milwaukee

Not just for professionals but for anyone seeking sobriety and a better way of life by working the 12 steps and living well. Come share in the fellowship with us and start enjoying life again.

We meet in person and on Zoom. Meeting ID = 98178765495, Password = 071150.

Hope to see you there!!





LGBT AA Meeting
All AA members are welcome
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"Alcoholics Anonymous is a fellowship of persons who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking.

https://www.aa.org/



Friday Night Couples in Recovery

We are Back - EVERY Friday!

We welcome couples and singles interested in applying the 12 steps to both self and relationships!

We meet <u>each Friday of the month</u> beginning April 1st and would like couples or singles working any 12 step program to join us At 7:30 pm









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3 Bucks In The Basket... Make it a Reality, not just a dream!



"Every AA group ought to be fully self-supporting, declining outside contributions." Tradition Seven, Twelve Steps and Twelve Traditions,

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MILW. CENTRAL OFFICE

F-mail us at: dan@aamilwaukee.com Hours:

M - F 9 a.m. to 4:30 p.m. Sat. 9 a.m. - 12 p.m.

- Board of Directors Meeting, in-person. Wednesday following 2nd Tuesday (odd months) 6:30 p.
- A. A. Meetings, Sun. at 9 a., Mon.- Fri. at 12:15 p., Sat. 9:15 a., & 10:30 a.
- Dist. 14 monthly meeting, 4th Wed. at 7 p.m.
- Dist. 16, monthly meeting 1st Thursday at 6:00 p.m.

Spanish Speaking Meetings: Meeting at English Speaking Clubs

- Pass It On Club, 6229 W. Forest Home Av, Milw. GRUPO 5 CONCEPTOS, 7:00 P.M. Saturdays, Upstairs. And Viajeros Wisconsin, 7:00 P.M. Saturdays, in lower level.
- GRUPO NUEVO AMANECER, Tri-County Unity Club, 104 N. First St, Watertown, on Tuesdays and Fridays at 7:00 PM and on Sunday at 11:00 AM
- GRUPO FE Y ESPRONZA, Gratitude Club, 295 Ruggles St. Fond du Lac WI on Wednesday at 7:00 PM and Sundays at 4:00 PM

SAFETY CARD FOR A.A. GROUPS

(The General Service Office has made this optional statement available as an A.A. service piece for those groups who wish to use it.)

Suggested Statement on Safety

Our group endeavors to provide a safe meeting place for all attendees and encourages each person here to contribute to fostering a secure and welcoming environment in which our meetings can take place. As our Traditions remind us, the formation and operation of an A.A. group resides with the group conscience. Therefore, we ask that group members and others refrain from any behavior which might compromise another person's safety.

Also, please take the precautions you feel are necessary to ensure your own personal safety, for example, walking to your car in a group after a meeting. If a situation should arise where someone feels their safety is in jeopardy, or the situation breaches the law, the individuals involved should take appropriate action. Calling the proper authorities does not go against any A.A. Traditions and is recommended when someone may have broken the law or endangered the safety of another person.

Service Material from the General Service Office

All the groups listed in our meeting directory, should be contributing regularly to the support of your Central Office. We want to be here when anyone reaches out for help. A big thank you to everyone, for all vou do.

Need to make a group or personal contribution? Use our **CONTRIBUTE** button on our website: aamilwaukee.com or use our your VENMO app from your smartphone.

Meeting Space Currently Available

- DryHootch, 4801 W National Ave. Space available various time of day and evening. Call Otis W. 414-336-6576
- •West Allis Senior Center, 7001 W National Ave, West Allis WI. Call Shanon at 414-302-8717.
- •Luther Memorial Church, 2840 S 84th St. West Allis WI. Contact by email: prviviane28@outlook.com
- •St Peter's Episcopal Church, 7929 W Lincoln Ave, West Allis, Contact: Steve 414-543-6040 or email: christumc1@sbcglobal.net
- •Anchor Covenant Church 1229 Park Row, Lake Geneva WI 53147, contact Laura, office@anchorcovenant.org

Redemptorist Retreat Cen-

ter, 1800 N Timber Trail Lane, Oconomowoc, WI 53066, (262) 567-6900 Email:

rrc@redemptoristretreat.org

Please call for information and schedule of retreats for recovering people. AA and Al-Anon, \$250 three nights. We discuss the 12 steps and related topics.

2024 Weekend Retreats Jesuit Retreat House,

4800 Fahrnwald Rd. Oshkosh, WI. WI 54901. call 800-962-7330 jesuitretreathouse.org

Men and Women in AA, Al-Anon

Total cost: 4 days \$390.00. Send a \$75.00 deposit with requests for specific dates to retreat house or call for info.

ZOOM MEETING NEEDS SUPPORT!

ZOOM At Noon Women's Meeting Monday, Wednesday and Friday at 12:00 PM (Noon) https://us02web.zoom.us/j/5877359740? pwd=RytDa2hWNWczeExqL112SjZFR2dYUT09 By phone, dial 312-626-6799 and enter Meeting ID #

Meeting ID: 587 735 9740 Password: 123456

DISTRICT MEETINGS

CORRECTIONAL INSTITUTIONS

COMPLETE DISTRICT INFORMATION ON THE WEB:

https://www.area75.org/page/districtmeetings

1. Jackson, LaCrosse, Monroe, Vernon & Trempealeau; 2 & 18 Green Lake & Marquette Counties & part of Waushara; 7. Kenosha; 17. Racine County; 8 & 30 Rock County; 9. Crawford, Grant, Iowa and LaFayette; 19 & 37. Richland & Sauk; 20, 21 & 26 Dane; 31. Columbia County; 35. Green; 37. Juneau County.

(Check the web address above for meeting info.)

- **3. MANITOWOC & SHEBOYGAN CNTY'S:** 3rd Wed. of month, 6:30 p., Even numbered months at 1907 Club, 2908 N. 21st St., Sheboygan. Odd numbered months: Alano Club, 404 S 29 St Manitowoc
- **6. WALWORTH CNTY:** 2nd Tue. 7:30 p. odd numbered months only, Walworth Alano Club, 611 E. Walworth St., Delavan
- **10.Spanish District.** Contact: Salvador G. at 414-446-0158. Meets 1st Sunday 5 p.m. 1663 S. 6th Street, Milw.
- 11. JEFFERSON CNTY: Meets last Wed. at 5:30 p.m. Moravian Church, 301 College St., Lake Mills, or Zoom: 817 4085 9820, Password: 665473
- **12. WASHINGTON CNTY:** 1st Wed. of month, 6:00 p., the Jackson Community Center N165W20330 Hickory Ln,, Jackson, WI. 53037
- 13. WAUKESHA CNTY: 2nd Sunday of month, 1:00 p, St. Matthias Church, 111 E. Main, Waukesha
- **14. MILWAUKEE CNTY:** 4th Wed. of month, 7:00 p, Milwaukee Central Office 7429 W Greenfield Ave., West Allis WI 53214
- **16. MILWAUKEE CNTY:** 1st Thursday of month, 6:00 p, Milw. Central Office, 7429 W Greenfield Ave. West Allis WI 53214
- **23. DODGE CNTY:** Last Sunday of month at 6:00 p, Dodge Cnty Alano Club, 115 N. Lincoln, Beaver Dam, call to confirm 920-583-3142
- **24. OZAUKEE CNTY:** 3rd Tue. of month, 6:30 p., Advent Lutheran Church, W63N642 Washington Ave, Cedarburg, WI 53012.
- **25. FOND du LAC CNTY:** 2nd Tue. of month, 5:30 p., Gratitude Club, 295 Ruggles St., Fond du Lac, WI.
- **27. MILWAUKEE CNTY:** 3rd Wednesday of month at 7:00 P.M., the Zoom ID number is <u>824 0616 9567</u> the password is 869 916. Covenant Lutheran Church, 8121 W Hope Ave, Milwaukee, WI 53222.
- **28. MILWAUKEE CNTY:** 2nd Thursday of month, 7:00 p, Prince of Peace Lutheran Church, 4419 S Howell Ave, Milwaukee WI 53207.
- **29. MILWAUKEE CNTY:** 1st Mon. of month, 7:00 p, Luther Memorial Church, 2840 S 84th St., West Allis, WI 53227
- **32. & 33 WAUKESHA CNTY:** 4th Tuesday of month, 6:30 p, Meeting ID: 321 751 3275, Passcode: 323232
- **34. WAUKESHA CNTY:** 1st Tues. of month, 6:30 p, Northwest Area Alano Association, N88W17658 Christman Rd., Menomonee Falls. Join online at: https://us02web.zoom.us/j/6870109941?pwd=YVI4SVQzU3FaSE1rc3dzVmtxdFM4QT09
- **36. RACINE/KENOSHA:** 2nd Tuesday of the month 6:00 p.m., 12 & 12 Club, 482 S Pine St., Burlington
- **38. MILWAUKEE CNTY:** Last Sunday of month 4:00 p.m. Milwaukee Group Meeting Room, 933 E Center St. Milwaukee WI 53212

SEND ADDITIONS AND CORRECTIONS TO:

7429 W. Greenfield Ave, West Allis, WI 53214, dan@aamilwaukee.com

Area 75, Southern WI, Calendar of Events 2025 Madison Senior Center, 330 W Mifflin St, Madison WI. 9 A.M. to Noon except where noted. 2024 Area 75 Fall Conference. Fri Nov 1st to Nov 3rd. Chula Vista Resort, Wisconsin Dells

2025 <u>Winter Service Assembly</u> – January 19 at the <u>Madison Senior Center Delegates Workshop</u> – March 9, at the <u>Madison Senior Center Spring Service Assembly</u> – April 6, at the <u>Madison Senior Center Summer Service Assembly</u> – June 22, at the <u>Madison Senior Center International Conference</u> – July 3-6, in <u>Vancouver</u>, <u>B.C.</u>, <u>Canada Fall Service Assembly</u> – September 14, at the <u>Madison Senior Center Area 75 Fall Conference</u> – November 7-9, at <u>Ingleside Hotel</u>, <u>Pewaukee</u>, <u>WI</u>

In-person meetings have started back up in the Area corrections facilities. Contact Michelle, Area Corrections Chair by email; corrections@area75.org for information on days and times of meetings.

For meetings at Milwaukee Area Correction facilities contact: Emily J. at 262-364-7275 or email: mccccoordinator@gmail.com

- TAYCHEEDAH CORRECTIONAL, Fond du Lac, WI 54937
- OAK HILL CORRECTIONAL INSTITUTION: 5212 County Road M, Fitchburg, WI 53575
- WAUPUN CORRECTIONAL INSTITUTION, Waupun WI
- FOX LAKE CORRECTIONAL, Box #147, Fox Lake, WI 53933
- JEFFERSON COUNTY JAIL 411 S. Center St., Jefferson, WI,
- RACINE CORRECTIONAL INSTITUTION for MEN 2019 Wisconsin St, Sturtevant, WI 53177
- FEDERAL CORRECTIONAL Satellite Camp, Oxford, WI.
- THOMPSON FARM, RT. 2 DEERFIELD, WI.,
- ROBERT ELLSWORTH CORRECTIONAL, Union Grove, 53182
- KETTLE MORAINE CORRECTIONAL., Forrest Dr., Plymouth,
- MILWAUKEE COUNTY HOUSE OF CORRECTION, 8885 S. 68th St. Franklin WI. Emily J. by Email: mccccoordinator@gmail.com
- MILWAUKEE COUNTY JAIL 9th & State Milwaukee WI. Emily J. by Email: mccccoordinator@gmail.com
- MILWAUKEE SECURE DETENTION, 1015 N. 10th St. Emily J. by Email: mccccoordinator@gmail.com.
- MILWAUKEE WOMEN'S CORRECTIONAL CENTER, 615 W Keefe Ave. Emily J. by Email: mccccoordinator@gmail.com

MILWAUKEE COUNTY CORRECTIONS COMMITTEE: meets IN-PERSON. Contact Emily J. at 262-364-7275 or email: mccccoordinator@gmail.com for date and location. Donation can be sent to: MCCC, PO Box 270544, Milwaukee WI 53227-0544. Contact coordinator: Email: mccccoordinator@gmail.com with questions.

Corrections volunteers must go through the committee to get AA literature to take into the various facilities. Milwaukee Central Office no longer handles the funds.

ADDRESSES FOR YOUR INFORMATION

Milwaukee Central Office: 7429 W Greenfield Ave, West Allis, WI 53214 gmco@aamilwaukee.com

- Area 75 Treasurer: PMB #167, 5464 N Port Washington Rd., Glendale WI 53217
- General Service Office, P.O. Box 2407, James A Farley Station, New York, NY 10116-2407
- Area 75 <u>Corrections</u>, <u>Bridging the Gap</u> or <u>Treatment</u> write to: PMB # 170, 5464 N Port Washington Rd., Glendale WI 53217
- Southern Wisconsin Deaf Access Committee:
 Email: milwareadeafaccess@gmail.com; Mailto: Deaf Access Committee, P.O. Box 1982, Waukesha WI 53186

MEETING ROOMS

NEW DAY CLUB 11936 N. Port Washington Rd Mequon, (262) 241-4673 www.newdayclub.org

A.A. MEETING SCHEDULE

. 8:00 a. Topic 11:00 a. Topic 5:00 p. Young People 7:30 p. Topic

Mon.12:30 p. Tenth Step Gp 5:30 p. More about Alcoholism 8:15 p. Men's Gp

Tue. 10:00 a. Topic 8:00 p. Big Book Gp

Wed.10:00 a. Topic 2:00 p. Promises Meeting 5:30 p. Step Meeting 7:00 p. Women's Lifeline

Thr. 10:00 a. Topic Meeting 1:00 p. Women's AA Gp 5:30 p. Topic Meeting 10:00 a. Topic Meeting

5:30 p. Step/Tradition 8:00 p

10:00 a. Step Meeting 5:00 p. Fellowship of Spirit 7:00 p. Feelings 10:00 p. Young People 8:00 p. Open Meeting (held on

3rd Saturday of month only) AL-ANON MEETINGS Monday 6:30 p. Al-Anon
Tuesday 1:00 p. Al-Anon/ACOA
Wednesday 7:00 p. ACOA
Thursday 7:00 p. Al-Anon

Contact club for information on other fellowships

PASS IT ON CLUB

Milwaukee WI (414) 541-6923 A.A. MEETING SCHEDULE

8:00 a. Sun. Wake Up 9:30 a. Reliance Meeting 11:00 a. Today' choice 3:00 p. Gratitude Plus 7:00 p. Big Book Readers 7:30 a Jumn Start 10:30 a. First Step

4:00 p. Happy Hour Step Gp. 7:00 p. Open introductoryAA 7:30 a. Comin Mark Gp 10:30 a. Keep It Simple

4:00 p. Drop the Rock 6:00 p. Key To Sobriety Women's

7:30 p. Three Legacies 7:30 p. Double Trouble DD/O 7:30 a. Big Book Study 10:30 a. Pass It On 4:00 p. Happy Hr Promises 6:00 p. Courage to Change 7:00 p. We. Us & Ours

7:30 a. Welcome Back Gp 10:30 a. Made Decision 5:15 p. As Bill Sees It 7:00 p. Gateway Topic Gp

7:30 a. Honesty Gp. 10:30 a. Came To Believe 6:00 p. Women's Fri. Kickoff 6:30 p. Thoughts 4 Today

8:00 p. Broken Arrow 8:30 a. Early Bird 10:30 a. Happy Joyous Free 7:00 p. Viajeros Wisconsin lower level 7:00 p. 5 Conceptos upstairs

8:00 p. Back to Basics 12x12

LAKE AREA CLUB

N60 W 35878 Lake Dr Oconomowoc, WI (262) 567-9912

A.A. MEETING SCHEDULE

8:00 a. Early Bird 9:30 a. Literature Meeting 11:00 a. Friendship Gp 6:00 p. Big Book 8:00 p. Gopher Sunday 9:00 a. Positive Attitude 6:30 p. Otter Gp

8:00 p. Step/Tradition Study 1:00 p 4:00 p.

7:00 p. Life House Beginners 10:00 a. Back To Basics

2:00 p. Women's Meeting 6:00 p. 8:00 p. 10.00 a

5:00 p. Woman's Way 12 Steps 6:00 p. Hybrid Meditation Mtng Zoom ID: 89239303536, PW: 999525

8:00 p. Grapevine Mtng 12:30 p. 4:00 p.

8:00 p. Old School House 10:00 a. Big Book

OPEN AA/Al-Anon

SPEAKER MEETING
Sat. 7:00 p. 2nd & 4th Saturdays
(AA and/or Al-Anon Speakers)

AL-ANON MEETINGS

7:00 p. Al-Anon 9:00 a. Al-Anon Wed. 7:00 p. Al-Anon & Alateen **WAUKESHA ALANO CLUB**

318 W. Broadway Waukesha, WI, 262-549-6541

http://alanoclubofwaukesha.com/

(IP)=In-person,

Sun. 9:30 a. Sun Morn Sunlight (IP) 11:00 a. Sun Go-To-Mtng (IP)

Mon. 12:00 p. (IP)

6:00 p. Beginners AA (IP) 7:00 p. (12 & 12) (IP)

Tue.

12:00 p. Wed Nooners (IP) 5:30 p. Topic Gp (IP)

Thr. 12:00 p. Nooners (IP) 12:00 p. T.G.I.F. Gp (IP) Fri. 6:30 p. Half Measurers (IP) Sat.

6:00 a. Early Morning (IP) 10:00 a. Gp 124 (IP)

> OPEN MEETINGS. **DANCES & EVENTS** Call for information.

GALANO CLUB

LGBT & All in Recovery 7210 W Greenfield Ave LL Milwaukee, WI 53214,414-276-6936 http://www.galanoclub.org/

(V)=Virtual, (IP)=In-person, (V & IP)=Both In Person and Phone Meetings Phone/ Video AA Meetings, Call (978) 990-5195 Meeting Id: galano7210 Code: 1919178#

Sunday: (V & IP)

10:30 a.m. - AA - Step / Topic Meeting (In-person/phone/video) 10:30 a.m. - Al-Anon -Papillion Group

Sunday: (V & IP)

4:00 p.m. - AA - Personal lead & Daily Reflections. Meeting (In-person/ phone/video)

Monday: (V & IP) 7:30 p.m. - AA "Came to Believe" 12 Spirituality. (In-person/phone/video)

Tuesday: (V & IP) 6:00 p.m. - AA Over and Under 40 Group (In-person/phone/video)

Thursday: (V & IP)

7:30 p.m. - AA - Living Sober One Day at A Time In-person & Phone/video

Friday: (V & IP) 10:30 a.m. AA Step & Topic

Saturday: (V & IP) 7:30 p.m. - AA - Big Book & More. (Inperson/Phone/video)

The Galano Club is open one half hour before the scheduled meetings.

NORTHWEST AREA ALANO ASSOCIATION*

N88 W17658 Christman Rd Menomonee Falls WI 53051 (No Phone)

Room 202

A.A. MEETING SCHEDULE

(V)=Virtual, (IP)=In-person, (V & IP)=Both 10:00 a. Big Book Rm 202 7:00 p. Sun Night Gp Rm 202

7:00 p. Just Do It Gp Rm 202 Mon.

10:00 a. Step

8:00 p. Topic 7:00 p. Step/Topic Wed.

10:00 a. Step 6:00 p. Women's

8:00 p. Step/Topic (V & IP) Fri.

10:00 a. Sat Serenity Gp

7:00 p. Simply Sober Gp Rm 202

AL-ANON MEETINGS

Wed. 7:00 p. Al-Anon 7:30 p. Al-Anon

Sat

*This is a Smoke-Free environment. We have ample meeting space available for 12 Step groups, Contact the Northwest Alano Club by mail.

WALWORTH **COUNTY ALANO CLUB**

611 Walworth St. (Hwy. 50 & 11) Delavan, WI 53115. (262) 740-1888

Sunday AA

10:00 a. Primitive Group 12:00 p. Open Speakers 6:30 p. Delavan Discussion

Monday AA

7:30 a. Sunny Side Up 12:00 p. Delavan Step Meeting

Tuesday AA

6:30 p. Delavan Meeting 7:30 a. Sunny Side Up

12:00 p. Delavan Noon Gp. 6:30 p. Delavan 12 Step Topic

Wednesday AA 7:30 a. Sunny Side Up 12:00 p. As Bill Sees It Gp.

6:30 p. Delavan IT Meeting Thursday AA

7:30 a. Sunny Side Up 12:00 p. Delavan Noon Gp 6:30 p. Delavan Big Book Gp.

Friday AA

7:30 a. Sunny Side Up 12:00 p. Big Book Study 6:30 p. Delavan Discussion

Saturday AA

7:30 a. Sunny Side Up 12:00 p. Delavan Noon Gp. 6:30 p. Delavan Beginners Gp. **ALANO CLUB**

1521 N. Prospect Ave., Milwaukee, WI, 53202 (414) 278-9102

A.A. MEETING SCHEDULE

7:00 a. AA Express Mtng 7:45 a. AA Big Book/Discussion 10:00 a. Gp 17 Step Mon. 7:00 a. Early Morning

10:30 a. Gp 72 Topic 12:15 p. Gp 76 Lunch Bunch 6:30 p. Gp 40 Big Book 7:00 a. As Bill Sees It.

10:30 a. Gp 70 Step 12:15 p. Gp 76 Lunch Bunch

7:00 p. Beginner's Meeting Wed. 7:00 a. AA

10:30 a. Gp 9, Step 12:15 p. Gp 76 Lunch Bunch 6:00 p. Chicks at Six Gp, women,

Child Care available 7:30 p. We Agnostics 7:00 a. Thr Express Mtng

10:30 a. Gp 97, Step 12:15 p. Gp 76 Lunch Bunch 7:00 p. AA (LGBT) 7:00 a. Daily Reflections

10:30 a. Gp 21, Step 12:15 p. Gp 76 Lunch Bunch 6:30 p. Here & Now 7:30 p. Men's Zoom Mtng.

12:15 am. Second Shifters (Sat.) 7:00 a. AA Meeting 11:00 a. Gp 87 Step 7:30 p. Open AA Speaker

AL-ANON MEETING Sunday 10:00 a. Al-Anon

H.O.W. TO CLUB 8930 W. National Ave

West Allis, (414) 543-2448 Hours: 9am to 9pm daily.

8:00 a. Eye Opener AA Gp. 10:00 a. Grass Roots (Steps) 4:30 p. Drop the Rock 6/7 Step 6:00 p. Restore Us To Sanity

7:30 p. Sun. Sober & Serene Mon. 11:00 a. Winner's Circle 5:45 p. Gp 132, Women's Gp 7:00 p. Big Book Gp. 8:00 p. New Hope Gp 10:30 P. What's the Point Gp. Tue. 11:00 a. Willingness Group

6:00 p. Tue Topic 6pm Gp 8:00 p. New Hope Meeting Wed.10:00 a. Foundations Meeting 6:00 p. AA Beginners Gp.

7:00 p. Women's Freedom 8:00 p. Promises Group Thr. 10:00 a. But For Grace Of God 6:00 p. Here and Now 8:00 p. How To Get It Going 6:00 a. Early Risers Big Book 11:00 a. Priority Group

6:00 p. Big Book Friday 8:00 p. R.U.S. For Us 11:00 p. Candlelight Promises 9:15 a. Men's Topic 11:00 a. Pioneers Group

3:00 p. Spiritual Growth 6:00 p. 1st & 12 Topic 8:00 p. Open Speaker 3rd Sat 8:00 p. HOW To Saturday

24 HOUR CLUB

153 Green Bay Rd. Thiensville, WI

Web and Facebook Info A.A. MEETING SCHEDULE

8:00 a. Topic 10:00 a. Step/Topic

Mon. 6:30 a. Topic 10:00 a. Topic

> 8:00 p. Men's 6:30 a. Topic 10:00 a. Step/Topic 5:30 p. Big Book

6:30 a. Topic Wed. 10:00 a. Big Book

6:30 a. Topic 10:00 a. Topic 5:30 p. Step/Topic/Trad

6:30 a. Topic 10:00 a. Step/12 & 12 8:00 p. Step 6:30 a. Topic

8:30 a. Big Book /Steps 10:00 a. Big Book 8:00 p. Open Speaker Mtng. (1st Saturday Only)

- In Person AA Groups NEED YOUR SUPPORT Sun. 3 p.m. Gratitude Plus, Pass It On Club, 6229 W
- Forest Home Ave, Milwaukee WI • Sun. 7 p.m. Waukesha Sunday Night Beginner's, Ascension Lutheran Church, 1415 Dopp St, Waukesha WI

• Sun. 7 p.m. Butler Sunday Night, St. Agnes, 12801 W Fair-

- mount St, Butler WI.
- Mon. 7 p.m. Unity Gp, 4600 Pilgrim Rd, Brookfield, WI • Tues. 7 p.m. Gp 43, Friendship Club, 2245 W Fond du Lac Ave
- Wed. 8:00 p.m. Helping Hand, Nativity Lutheran Church, 6905 W Bluemound Rd, Milwaukee WI

- Thur. 12:15 p.m. Jeanette Burnett Gp, St John's Cathedral Complex, 831 N Van Buren, Milwaukee WI
- Thurs. 8:00 p.m. Grateful Gp. Chabad House, 3030 E Kenwood Blvd, Milwaukee, WI
- Thurs. 8:30 p.m. Gp 22, Underwood Memorial Baptist, 1916 Wauwatosa Ave, • Fri. 9:30 p.m. Big Book, Martin Luther Church 9235 W Blue-
- mound Rd. Milw. Sat. 8 p.m. Gp 18, St Luke's, 3200 S Herman, Bay View, WI

MEETING ROOMS

BEAVER DAM ALANO CLUB

115 N Lincoln St.

Beaver Dam WI 53916

Mon: 8 a.m., 6 p.m. & 8 p.m.

Sat: 12 Noon & 7 p.m. Open

Tue: 9:30 a.m. & 7:30 p.m.

Wed: 8 a.m. & 7 p.m.

Fri: 12 Noon & 6 p.m.

Thur: 9:30 a.m. & 8 p.m.

Sun: 10:30 a.m. & 7 p.m.

UNITY CLUB 1715 Creek Rd West Bend, (262) 338-3500 unityclub1715@att.net www.facebook.com

AA MFFTING SCHEDULF

Sun. 10:30 a.* Gratitude Gp. 8:00 p. Candlelight Gp.

Mon. 10:00 a. Monday A.M. 7:00 p. Men's 7:00 p. Women's

Tue. 10:00 a. Tuesday A.M. 7:30 p. Beginner's

Wed. 10:00 a. Promises 1:00 p. Steps/Promises 5:00 p. Happy Hour Gp In-person & Zoom: 332602852, pw: 123456

Thr. 10:00 a. Big Book

10:00 a. Step/Topic Gp Fri. 6:00 p. Big Book

10:00 a. Here & Now 700 p. Big Book Connection

AL-ANON & ALATEEN MTNGS

9:00 a. Al-Anon 7:15 p. Al-Anon Thursday

Open Mtng. 3rd Sunday of month

FRIENDSHIP CLUB

2245 W. Fond du Lac Ave Milwaukee, WI (414) 931-7033

Fmail:

friendshipinc@sbcglobal.net

AA MEETING SCHEDULE

Sunday

10:00 a. Friendship 11:00 a. Third Sunday Open Meeting

Monday

10:30 a. Step Gp

Tuesday

7:00 p. Gp 43 Big Book Saturday

10:30 a. Gp 112 Step Call for information on other types of meetings.

Email:

friendshipinc@sbcglobal.net

MILWAUKEE GROUP Center St, Milw WI 53212. A.A. MEETINGS 933 E 10:00 a In-person 8:30 p. In-Person Sun.

5:30 p. In-Person Mon. 7:00 p. In-Person 8:30 p. In-Person

7:00 p. In-Person Tue. 8:30 p. In-Person Wed.

Wed. 5:30 p. Zoom https://zoom.us/j/8974697046 pw:0 7:00 p. In-Person 8:30 p. In-Person

Thur. 7:00 p. In-Person 8:30 p. In-Person 7:00 p. In-Person Fri. 8:30 p. In-Person

Milwaukee Central Office

8:30 p. In-Person

7429 W Greenfield West Allis WI 414-771-9119 A.A. MEETINGS

Sun. 9:00 a. Gp 10 Sunday Mon. 12:15 p.

Tue. 12:15 p. Wed. 12:15 p. Thur. 12:15 p. Fri. 12:15 p

Sat.

Sat. 9:15 a. 1st Step 10:30 a.

We do not meet on major holidays.

LIGHTHOUSE ON DEWEY 1220 Dewey Ave.

Wauwatosa WI **AA MEETINGS**

Sunday

6:00 p. Jim's First Step 7:30 p. Gp 78 Great Room Monday

7:30 p. Laughs/Leisure

Tuesday

6:00 p. 11th Step Meditation 7:30 p. Professionals

Wednesday

7:30 p. Presidents Hall 8:00 p. "RES-IPSA"

Thursday

7:30 p. Alumni No 12 Friday 7:15 p. Gp 74 Saturday 10:00 a. Gp 59

All Saint's Cathedral

818 E Juneau Ave. Milw 53202

Sun: 7:00 p.m. Bench Meeting Mon: 7:30 p.m. #08 Sane & Sober Tue: 10:30 a.m. Men's Gp. Wed: 7:30 p.m. Men's Gp. Fri: 7:30 p.m. Big Book Gp.

Sat: 10:30 a.m. Men's Gp.

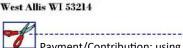
JOIN the BIRTHDAY CLUB!

We celebrate birthdays, and we'd like to help you celebrate yours! Send us a contribution of \$1 for each year of Sobriety- or more if you choose- and we'll print your birthday in the Between-Us Newsletter. Include your Home Group, and we'll print that also!

Requests should be in by the 24th of the month prior to your sobriety date. Late arrivals will appear the following month.

Just fill in the form below and mail, with your contribution, to:

Payable to: "Greater Milwaukee Central Office" Memo: Birthday Club 7429 W Greenfield Ave



Payment/Contribution: using VENMO or from our website, using Credit Card or PayPal.

Zip

enclosed.

I will have years on Name

Address

City State

Phone: ()

Email:

Home Group:



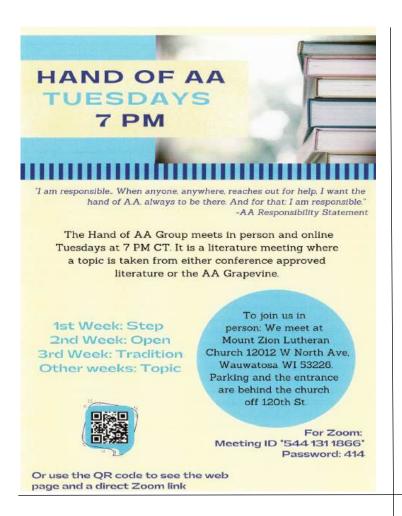
Years

Name

Home Group

42 (8/26/2024) Rosemary B. Thurs 1pm Women, Mequon 48 (8/18/2024) Thomas H. 12:15 Milw. Central Office





GRATITUDE GROUP TUESDAY 7:30PM
ST. LUKE'S EPISCOPAL CHURCH 3200 S. HERMAN ST.
BAY VIEW



WE GRATEFULLY NEED YOUR SUPPORT!
COME AND CHECK US OUT

Financial News: Please remember our tradition of <u>self-support</u>. If you wish to contribute to the Central Office, you can now use <u>Venmo</u> from your smartphone.

@MilwaukeeCentralOffice-AA

...0785 are the last four digits of the phone number associated with the Venmo account. (You may be asked for these numbers)
If you don't use Venmo or PayPal, you can always come visit us at the Central Office or mail a check.

Use QR Code To Contribute Using VENMO



NEW MEETING ANNOUCEMENT The Next Frontier: Emotional Sobriety

After we quit drinking, we face various challenges inherent in living sober. Bill Wilson identified that "dependency" was an impediment to our emotional sobriety and maturity. He realized that emotional dependency on people, places and things was the source of his emotional and mental distress, in fact he identified this as his basic flaw. This new meeting focuses on discussing issues relating to our emotional sobriety. We come together to explore ways we can overcome our emotional dependency and the unreasonable expectations and unenforceable rules that our dependency generates. *Are you ready for the next frontier?*

Join us Thursday nights for a closed discussion meeting on emotional sobriety.

When: Thursdays @ 7pm

Where: St. John's Lutheran Church, 20275 Davidson Rd, Brookfield WI



Tickets by mail, \$30.00 each. Include a self addressed stamped envelope.

Greater Milwaukee Central Office

7429 W. Greenfield Ave., West Allis, WI 53214, 414-771-9119 Call or email for more information: gmco@aamilwaukee.com

Pay by check or credit card, Visa/MasterCard/Discover, include all necessary information. Expiration Date __ / __ _____Phone_____CID#____ Name Zip Code____ Address E-mail Address: Number of tickets X \$30.00 = \$ Seating is assigned by table. If you want to sit with your friends, Tax deductible donation to Greater Milwaukee Central Office......+ \$ please buy your tickets together. Check or Credit Card Total.... = \$ Tables of 10 available.